

Department of Veterans Affairs Employee Education System
and
The National Center for Post-Traumatic Stress Disorder (NC-PTSD)
present

COURSE NO. 10.ST.MH.PTSD10113.A

PTSD 101: WHAT IS PTSD?

EES WEB-BASED TRAINING EDUCATIONAL ACTIVITY

Originally Released:
August 16, 2010

Reviewed:
October 1, 2011
October 10, 2012

Expires:
September 30, 2015

Place: Your computer workstation.

Purpose: This course provides an overview of PTSD. It outlines the history of the diagnosis and the current DSM-IV-TR diagnostic criteria, which includes a detailed description of each symptom cluster. Prevalence rates, course, comorbidity, and risk factors for both civilian and veteran populations are reported from the National Comorbidity Study and other recent investigations.

Outcome Objectives: After viewing the presentation, the participant will be able to:

1. Describe the diagnostic criteria for PTSD
2. Describe the prevalence, consequences, and longitudinal course of PTSD in civilian and veteran populations
3. Report the risk factors for PTSD

Target Audience: The target audience includes mental health leaders/clinicians, Operation Enduring Freedom/Operation Iraqi Freedom (OEF/OIF) outreach coordinators and clinical managers, psychiatrists, psychologists, social workers, nurses, primary care clinicians, and others involved in the provision of services, outreach/communication, or program planning for veteran populations (such as OEF/OIF), and others who have suffered traumatic stress.

Accreditation/Approval:

American Nurses Credentialing Center (ANCC)

VA Employee Education System is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

American Psychological Association (APA)

The VA Employee Education System (EES) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Employee Education System maintains responsibility for this program and its content.

Continuing Education Credit:

American Nurses Credentialing Center (ANCC)

VA Employee Education System designates this educational activity for **1.0** contact hours in continuing nursing education

American Psychological Association (APA)

As an organization approved by the American Psychological Association, the VA Employee Education System is sponsoring this activity for **1.0** hours of continuing education credit. The Employee Education System maintains responsibility for this program and its content.

Association of Social Work Boards (ASWB)

VA Employee Education System, Provider Number 1040, is approved as a provider for continuing education by the Association of Social Work Boards 400 South Ridge Parkway, Suite B, Culpeper, VA 22701. www.aswb.org. ASWB Approval Period: 4/7/10 - 4/1/13. Social workers should contact their regulatory board to determine course approval. Social workers will receive **1.0** continuing education clock hours in participating in this course.

The California Board of Behavioral Sciences (CA BBS)

The VA Employee Education System (Provider #: PCE3204) asserts that this educational activity meets the qualifications for **1.0** hours of continuing education credit for Marriage and Family Therapist MFTs and/or for LCSWs as required by the California Board of Behavioral Sciences.

The Employee Education System maintains responsibility for this educational activity. A certificate of attendance will be awarded to participants and accreditation records will be on file at the Employee Education System. In order to receive a certificate from EES, participants must: register and complete an evaluation online; participate in 100% of the educational activity; and generate, per instructions, their own certificate at the conclusion of the activity. **EES cannot issue certificates for less than 100% participation, as required by accrediting body regulations.**

Report of Training: It is the program participant's responsibility to ensure that this training is documented in the appropriate location according to his/her locally prescribed process.

Program Content

Introduction		<i>Jessica Hamblen</i>
Overview		<i>Jessica Hamblen</i>
Lesson 1:	Why PTSD is Important	<i>Jessica Hamblen</i>
Lesson 2:	PTSD as a Failure to Adapt	<i>Jessica Hamblen</i>

Lesson 3:	Historical Overview of PTSD	Jessica Hamblen
Lesson 4:	Prevalence of Trauma in Men and Women	Jessica Hamblen
Lesson 5:	Risk Factors for PTSD	Jessica Hamblen
Conclusion		Jessica Hamblen

(Total Run Time: 39:32)

Program Development

Authors and Planning Committee (* Denotes Planning Committee, + Denotes Faculty)

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Planning Committee Member for ANCC

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New Media Producer

St. Louis Employee Education Resource Center
St. Louis, MO

Application Procedure:

There is no need to register in advance for this program.

In order to access the course, participants must access the course via the National Center for Post-Traumatic Stress Disorder website at:

<http://www.ptsd.va.gov/professional/ptsd101/course-modules/what-is-ptsd.asp>

After completing this course, participants should:

- Log into LMS <https://www.lms.va.gov/plateau/user/logout.do>
- Enter “PTSD 101” into the SEARCH CATALOG box and click GO.
- Select the course title
- Click on the link titled, “*Final Exam & Evaluation*”
- Complete the post-test and evaluation

The TMS site provides the post-test, evaluation and certificate. A certificate of completion cannot be printed until the post-test and evaluation are completed. A link to print a certificate can be accessed at the end of the course evaluation.

A score of 80 percent on the post-test is required before a certificate can be printed. The course and test take approximately 1 hour to complete. Post-test scores are available immediately after the post-test is completed. There is no limit on the number of times a participant may take the post-test to receive a passing score.

Deadline Date:

This program will no longer be authorized for continuing education credit after **October 1, 2015**.

Information on participation may be obtained from Martin Oexner, Project Manager, St. Louis Employee Education Resource Center, #1 Jefferson Barracks Drive, Building 2, Saint Louis, MO 63125, phone (314) 894-6452, or Martin.Oexner@va.gov.

The Rehabilitation Act of 1973, as amended:

The Employee Education System wishes to ensure no individual with a disability is excluded, denied services, segregated or otherwise treated differently from other individuals participating in its educational activities, because of the absence of auxiliary aids and services. If you require any special arrangements to attend and fully participate in this educational activity, please contact Martin Oexner, Project Manager, EES, St. Louis Employee Education Resource Center, phone 314-894-6452, e-mail Martin.Oexner@va.gov.

Disclosure(s)

The VA Employee Education System (EES) must insure balance, independence, objectivity, and scientific rigor in all its individually sponsored or jointly EES sponsored educational activities. All prospective faculty & planning committee members participating in an EES activity must disclose any relevant financial interest or other relationship with: (a) the manufacturer(s) of any commercial product(s) and/or provider(s) of commercial services discussed in an educational presentation, and (b) any commercial supporters of the activity. Relevant financial interest or other relationship includes but is not limited to such things as personal receipt of grants or research support, employee or consultant status, stock holder, member of speakers bureau, within the prior 12 months. EES is responsible for collecting such information from prospective planners and faculty, evaluating the disclosed information to determine if a conflict of interest is present and, if a conflict of interest is present, to resolve such conflict. Information regarding such disclosures and the resolution of the conflicts for planners and faculty shall be provided to activity participants. When an unlabeled use of a commercial product or an investigational use not yet approved by the FDA for any purpose is discussed during an educational activity, EES shall require the speaker to disclose that the product is not labeled for the use under discussion or that the product is still investigational.

Each faculty and planning committee member reported having no relevant * financial relationships with any commercial interest. This activity includes no discussion of uses of FDA regulated drugs or medical devices which are experimental or off-label.

*The ACCME defines “relevant financial relationships” as financial relationships in any amount occurring within the past 12 months that creates a conflict of interest.

